

One Word Discipleship
Step by step instructions for a godly life
Psalms 119:133a
Book 1

"Wait: Learning to be still"
Psalm 37:7a

Waiting can be a hassle. It often seems like a waste of time; an experience to be avoided; a byproduct of ineptness. But what if I could show you how waiting could deeply enrich your spiritual life and your capacity to walk with God and serve him? In fact, when done biblically, waiting can be one of the most satisfying experiences of your spiritual life. But first let me tell you a tragic story from the life of King Saul and how costly it was for him because he did not practice this discipline of waiting on the Lord (1 Samuel 10:8; 13:5-14).

"Be still before the LORD and wait patiently for him"
Psalm 37:7a

There are many ways to wait upon the Lord. We can wait upon the Lord in prayer, in the devotional reading of Scripture, in worship; but we also can wait upon the Lord through our service, our witness and our obedience. Ironically, you can also do all these things without waiting on the Lord! The key, as always, is the heart.

Waiting upon the Lord is anything we do that grows out of a conscious dependence upon God and a constant awareness of his presence.

Here are five great reasons to master the discipline of waiting on the Lord:

1. Waiting on the Lord keeps us faithful in the face of hardships and temptations.
 - Waiting for the return of Christ (Titus 2:11-13 NIV)
2. Waiting on the Lord keeps us responsive to God's will and active in his service.
 - Waiters (Psalm 25:5 KJV; Psalm 123:2 NLT)
3. Waiting on the Lord keeps us protected from the deceptive work of Satan and demonic spirits.
 - Psalm 106:13; 130:5
4. Waiting on the Lord keeps us empowered by the Holy Spirit. John 15:5; Philippians 4:13; Acts 1:4-8
5. Waiting on the Lord keeps us devoted to God.
 - Lamentations 3:24