

DANGEROUS GROUND
Ephesians 4:22-32
Part VI: "Anger and Words"

"You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the attitude of your minds; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness. ²⁵ Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. ²⁶ "In your anger do not sin": Do not let the sun go down while you are still angry, ²⁷ and do not give the devil a foothold. ²⁸ Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. ²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Ephesians 4:22-32 NIV

1. Unconsecrated anger almost always expresses itself in verbal venom.
 - "unwholesome talk"
 - Proverbs 12:19; James 3:8

2. Words carry worth and power that linger long after they are spoken.
 - "Do not let ..."
 - Psalm 141:3; James 1:19-20
 - Video interview clip on anger awareness

3. Communication construction happens every day; the question is, "What are you building?"
 - "only what is helpful for building others up"
 - James 3:9-10

4. We have the privilege and calling to customize the grace of God for others.
 - "that it may benefit those who listen"
 - 1 Samuel 23:2; Genesis 49:50