

The Psalms of Christmas

Exploring the praise anthems from the Christmas narrative

“Elizabeth’s Psalm”

Luke 1:39-45

At that time Mary got ready and hurried to a town in the hill country of Judea, ⁴⁰ where she entered Zechariah's home and greeted Elizabeth. ⁴¹ When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. ⁴² In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear! ⁴³ But why am I so favored, that the mother of my Lord should come to me? ⁴⁴ As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. ⁴⁵ Blessed is she who has believed that the Lord would fulfill his promises to her!"

Luke 1:39-45 NIV

The setting for Elizabeth’s Psalm of Christmas

- Gabriel’s revelation to Zechariah (Luke 1:5-25)
- Six months of miracle grow (Luke 1:26,36)
- Gabriel’s revelation to Mary (Luke 1:26-38)

The spark for Elizabeth’s Psalm of Christmas

- The words not heard
- Mary’s clandestine visit to Judea (Luke 1:39-40)
- Grippled by a greeting (Luke 1:41)

The significance of Elizabeth’s Psalm of Christmas

- Elizabeth’s Psalm showcased the favor of God . . .
what God has done in the past
“blessed are you among women/why am I so favored” (v. 41)
- Elizabeth’s Psalm showcased the power of God . . .
what God is doing in the present
“the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit” (v. 42-43)
- Elizabeth’s Psalm showcased the faithfulness of God . . .
what God is going to do in the future
“what the Lord has said to her will be accomplished” (v. 45)

Elizabeth is an integral part of the Christmas story. Her Psalm deeply impacted Mary’s soul. God is inviting you too to become part of the celebration of Christmas. What will be your Christmas Psalm? How you craft and communicate ***your Psalm*** could make an eternal difference for someone in your life or who crosses your path. Will you speak up for Christ this Christmas?